



AFFIRMATIONS

Read these aloud in the mirror daily to train your mind and transform your life

I AM:

- worthy!
- loved!
- safe!
- a magnet to all great things!
- a money magnet!
- happy!
- kind!
- imperfectly perfect!
- powerful!
- unique and irreplaceable!
- always receiving miracles!
- abundant!
- amazing!
- beautiful!
- courageous!
- inspired!
- strong!
- successful!
- protected!
- always attracting love!

Now write a couple of your own affirmations. You should be specific about what traits, mindsets, or situations you would like to attract

I AM:



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I AM THANKFUL THAT I HAVE:

- an abundance of love!
- everything I need and more!
- an abundance of joy!
- amazing, loving, supportive relationships!
- control over my fears!
- an amazing life!
- a beautiful body!
- the home of my dreams!
- the partner of my dreams!
- my dream career!
- the best clients!
- a successful business that's growing everyday!
- a healthy body!
- a positive outlook on life!
- new positive opportunities everyday!

It's time to call in some things you'd like to have! Create some more affirmations.

I HAVE:
